

Increase the heartbeat of nature lovers

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The Danish Outdoor Council

An umbrella organisation with 92 individual member organisations

Focus on

- Access in nature and natural areas
 - Environmental Education

Offers funding for outdoor initiatives
Secretariat for FEE (e.g. Blue Flag beaches)



How healthy are lovers in nature



Nature: stimulates the intelligences

Attracting more people to enjoy nature by focusing on the different intelligences:

- Body and movement
- Self-reflection
- Words and communication
- Logic
- Visualisation and sense of space
- Music and sense of rhythm
- Interacting with others

Body and movement

- Nature play areas and climbing trees
- Mountain bike trails
- Paths for walking and jogging



Self-reflection

- Serenity and relaxation in nature
- Nature is the most powerful anti-stress drug
- Solitude one-way routes



Words & communication

- New nature interpretation methods to catch new audiences
 - Podcasts from the Internet
 - Mobile technology
- Traditional interpretation with a twist



Logic and sense of space

- Orienteering
- Geocaching



Music & sense of rhythm

- Made by animals –
bird songs, the
wind in the trees
- The daily rhythm
of the forest



Interacting with others

Experiences in nature

- Shelters, picnic sites & benches
- Team work – role playing
- Family outings



Friluftsrådet
THE DANISH OUTDOOR COUNCIL



The DOC focuses on

- Access to private and public nature day and night
- Access for everybody
- Basic facilities

- How to achieve this:
 - Political work
 - Financial and human resources support to nature rangers throughout the country
 - Financial and professional support to basic facilities in nature