

IMPLEMENTING IN PRACTICE
THE HEALTH EFFECT FROM NATURE

How activities in nature and a “green” health policy can strengthen the life quality of the citizens

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Where is Vordingborg?
What are we known for?
Who am I?

VORDINGBORG KOMMUNE

THE NEXT 30 MINUTES

- Context
- Practice
- Stories
- Future perspectives

Context

Department of Health
Multidisciplinary staff offers: Preventional and structural services to citizens, specific patient education, cooperation with other municipality sectors and patient organisations

Board of Health and Psychiatry
Political approval of health actions and priorities

Evidence of Natures positive effects on human health

Physical
Blood pressure
Pulse

Mental
Stress
Depression
Anxiety

