

# Improved sustainability in Urban National Parks

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Partners:

Metsähallitus Parks & Wildlife Finland  
Estonian Environmental Board, Estonia  
Tyresta Forest Foundation, Sweden  
VTT, Technical Research Centre of Finland

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# Activities in the project

- Limits of Acceptable Change (LAC) was implemented in Nuuksio National Park, Finland
- A pilot study of camping was made at Lake Årsjön, Tyresta National Park, Sweden
- Visitor monitoring, based on mobile positioning, was made in Lahemaa and Alutaguse National Parks, Estonia
- A congestion map was made for Nuuksio National Park parking lots in Finland
- Workshops on ecological and social sustainability






## Results and recommendations

- Urban national parks in the Nordic and Baltic countries face a lot of similar challenges.
- Many of the possible solutions to the threats to ecological or social sustainability has to do with communication and information.
- It is also very important to know your visitors, your entrepreneurs, your stakeholders
- Recommendations:
  - **Do visitor monitoring**
  - **Focus on the visitor profiles**
  - **Communicate on the language of the audience**



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